

What is the Deployment Health Assessment Program?

The Deployment Health Assessment Program (DHAP) is the U.S. Army's program to promote the health and well-being of the force by identifying and addressing the physical and behavioral health concerns of deploying and redeployed Soldiers and Department of the Army (DA) Civilians. Administered by the Deputy Chief of Staff of the Army, G-1, DHAP works with Office of the Secretary of Defense (Health Affairs), Veterans Administration (VA), Army Reserve (AR), Army National Guard (ARNG), Office of the Surgeon General (OTSG), Comprehensive Soldier and Family Fitness (CSF2), Installation Management Command (IMCOM), Commanders, and unit medical/personnel staff officers to maximize participation and the health and well-being of Soldiers and DA Civilians.

DHAP execution takes place at the unit level. Unit Commanders have the responsibility to ensure that all deployed and redeployed Soldiers/DA Civilians are scheduled to participate within the directed deployment cycle timeframes, educated on the importance of the program, and encouraged to honestly/openly participate. Each deployment health assessment (DHA) provides a Soldier and DA Civilian with the opportunity to conduct a self-assessment, have a confidential conversation with a health care provider, and— if necessary — receive the prioritized care they need to address any identified health concern. Critical to successful DHA execution is the completion of resilience training IAW AR 350-1 prior to the self assessment.

The DHAP consists of the following deployment health assessments (DHAs) taken at specific times during the deployment cycle:

- The Pre (Pre-Deployment Health Assessment, DD 2795) is taken within 60 days of deployment.
- The Post (Post-Deployment Health Assessment, DD 2796) is taken within 30 days before or after redeployment.
- The Reassessment (Post-Deployment Health Reassessment [PDHRA], DD 2900) is taken 90-180 days after deployment.

Army G1 DHAP Mission:

To implement the Deployment Health Assessment Program across the Army for all deploying/redeployed Soldiers and DA Civilians to address potential deployment-related physical and behavioral health concerns; and to promote Soldier and DA Civilian well-being and maximize unit readiness.